

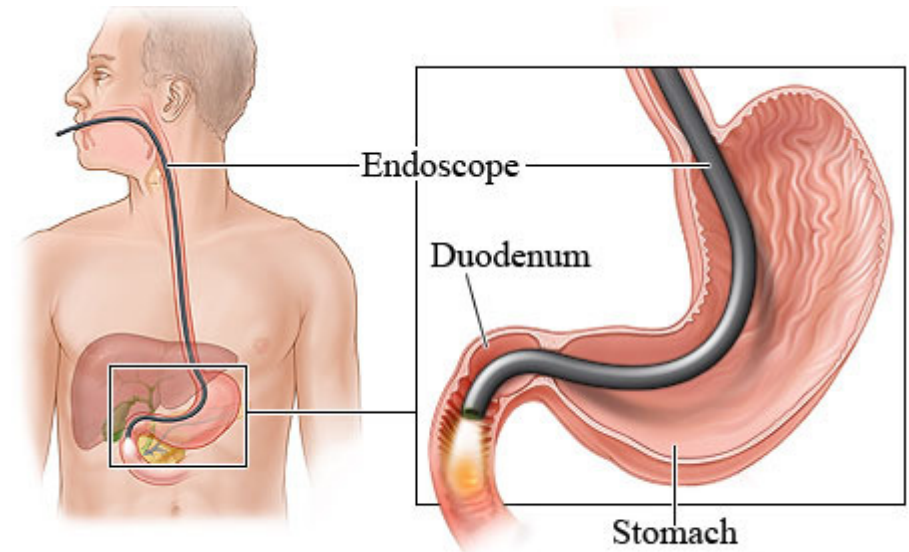
UPPER GASTROINTESTINAL ENDOSCOPY

General Instructions:

1. No solid food for 8 hours prior to Endoscopy.
2. No Liquids, including water 4 hours prior to Egd.
3. If you have any questions do not hesitate to call our office.
4. Please arrange for an adult to accompany you home after your procedure.

Cancellations and No Shows

If you must cancel your endoscopy, please advise our office at least 72 hours prior to the procedure or you will be subject to a \$100 cancellation/no show fee.



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Your Endoscopy is scheduled for:

Date: _____

Time: _____

Location:

WEST SIDE GI
619 W. 54th Street (8th Floor)
New York, NY 10019
(212) 889-3142

LESLIE F. SEECOMAR, M.D.
60 West 68th Street, 1B
Between Columbus Ave and Central Park West
New York, NY 10023
Tel: (212) 217-9961 | Fax: (212) 214-0848

You have been scheduled for an upper gastrointestinal endoscopy (also called a panendoscopy or esophagogastroduodenoscopy or Endoscopy (EGD.))

What is the purpose of the test?

The purpose of the test is to evaluate upper abdominal symptoms such as heartburn, bleeding, nausea, vomiting, etc. During the test the lining of the esophagus, stomach and duodenum (first part of the small intestine) are examined.

What occurs during the Examination?

Before the test an intravenous sedative will be given. The doctor will then pass the flexible video camera into the mouth and down the esophagus. The lining of the upper intestinal tract is visually examined. Biopsies may be taken through the instrument. The entire procedure is usually completed in less than ten minutes.

Are there any possible complications?

Endoscopy is safe and is associated with very low risk. Complications can occur but are rare. Please advise Dr. Seccoomar if you are taking blood thinners and/or aspirin.

Possible Complications Include:

- Hemorrhage (bleeding);
- Perforation (tearing) of the esophagus or stomach;
- An adverse reaction to one of the medications.

It is important to inform your doctor of allergies or adverse reactions you have had to medications.

It should be emphasized that complications are extremely rare. This is a routine procedure and extreme care is always taken.

After the Procedure:

- You may have a mild sore throat
- Do not drive or drink alcohol for 24 hours.
- You may eat soon after the procedure.
- Any restrictions will be discussed with you after the procedure.
- The doctor will discuss the results with you. You may be asked to follow up with the doctor in his office at 60 West 68th Street.